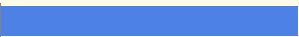



Rec Center Survey Results: Assessment Day 2013

For Likert Scale Items, Strongly Agree = 1 and Strongly Disagree = 5.
Therefore, lower means are more positive than higher means.

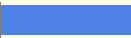



Last Modified: 04/15/2013

1. Do you use the Marshall Rec Center and/or the programs that are offered?

#	Answer		Response	%
1	Yes		311	62%
2	No		188	38%
	Total		499	100%

Please note that responses 2 – 53 are those of individual who indicated that they used the Marshall Recreation Center.

2. On average, how many times a week do you use the Rec Center?

#	Answer		Response	%
1	0-1		82	27%
2	2-3		121	40%
3	4-5		66	22%
4	6 or more		32	11%
	Total		301	100%

3. During which time frame do you most utilize the Rec Center?

#	Answer		Response	%
1	6AM-11AM		34	11%
2	11AM-1PM		38	13%
3	1PM-4PM		31	10%
4	4PM-6PM		76	25%
5	6PM-9PM		94	31%
6	9PM-Midnight		27	9%
	Total		300	100%

4. Are you aware of the hours of operation during our break times and summer? (6:30 AM - 8:00 PM)

#	Answer		Response	%
1	Yes		198	66%
2	No		103	34%
	Total		301	100%

5. Are you satisfied with the hours of operation during the weekends? (Saturday 10 AM - 8 PM and Sunday 1 PM - 10 PM)

#	Answer		Response	%
1	Yes		240	79%
2	No		62	21%
	Total		302	100%

6. If you answered "no" to the above questions regarding hours of operation on the weekends or during breaks, what times would you be more satisfied with?

Text Response

All responses to this question were sent to the staff of the Marshall Recreation Center immediately after Assessment Day.

7. Please indicate your level of agreement with the statement below.

#	Question	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Total Responses	Mean
1	I am satisfied with my membership	117	135	27	11	5	295	1.82

Statistic	I am satisfied with my membership
Min Value	1
Max Value	5
Mean	1.82
Variance	0.76
Standard Deviation	0.87
Total Responses	295

8. Why do you choose the Rec Center over other fitness facilities?

Text Response

Responses were numerous and were sent to the staff of the Marshall Recreation Center immediately after Assessment Day.

9. I am aware of the policies and offerings that are available at the Rec Center when joining.

#	Answer	Response	%
1	Yes	254	84%
2	No	48	16%
	Total	302	100%

10. Please indicate your level of agreement with the statements below.

#	Question	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Total Responses	Mean
1	Entry process to the Rec Center is efficient.	137	131	22	4	1	295	1.65
2	Program/fitness class registration is efficient.	98	96	49	4	1	248	1.85

Statistic	Entry process to the Rec Center is efficient.	Program/fitness class registration is efficient.
Min Value	1	1
Max Value	5	5
Mean	1.65	1.85
Variance	0.50	0.67
Standard Deviation	0.71	0.82
Total Responses	295	248

11. Are you aware that you can sign up online for programs offered at the Rec Center?

#	Answer	Response	%
1	Yes	183	61%
2	No	118	39%
	Total	301	100%

12. If you answered "yes" to the above question regarding online program registration, have you ever utilized the online service?

#	Answer	Response	%
1	Yes	29	16%
2	No	151	84%
	Total	180	100%

13. If yes, what was your experience with the online program registration?

Text Response

It was great.

Easy

It was convenient and simple.

It was easy to use.

It worked perfectly

It was to register for an upcoming class.

It had a few bugs but not bad overall. Good response time via email when I had questions.

It was easy.

okay

It was fairly easy to use. It seemed a bit difficult to navigate for programs that had more than one offering. So many listings made it difficult to sign up for the right class.

It was very easy. No complaints.

Fine, easy to use.

It was easy. I wanted a yoga class, found it and registered. It was simple.

no problems

little bit of a learning curve in understanding the add to cart and checkout in order to get membership pricing but now its much easier

Was easy and convenient

Other than it being a bit confusing to find the log in site, it's pretty straightforward to use the system.

Fairly easy to do.

Easy to understand and complete.

Very good for intramural sports

14. Please indicate your level of agreement with the statements below.

#	Question	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Total Responses	Mean
1	The student employee staff is knowledgeable.	106	155	26	8	1	296	1.79
2	I am satisfied with the level of customer service that I receive at the Rec.	111	145	32	6	5	299	1.83
3	Overall, the Rec Center is clean and well maintained.	169	116	8	2	1	296	1.48

Statistic	The student employee staff is knowledgeable.	I am satisfied with the level of customer service that I receive at the Rec.	Overall, the Rec Center is clean and well maintained.
Min Value	1	1	1
Max Value	5	5	5
Mean	1.79	1.83	1.48
Variance	0.54	0.68	0.39
Standard Deviation	0.74	0.83	0.62
Total Responses	296	299	296

15. Are you aware of our 3 strike (forgotten ID) policy?

#	Answer	Response	%
1	Yes	102	34%
2	No	200	66%
	Total	302	100%

16. If so, has this been a beneficial addition to your membership

#	Answer		Response	%
1	Yes		73	74%
2	No		25	26%
	Total		98	100%

17. Do you enjoy the music selection that is played on the Rec Center Radio station?

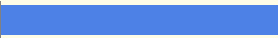


#	Answer		Response	%
1	Yes		175	58%
2	No		41	14%
3	I never listen to it.		85	28%
	Total		301	100%

18. What genres of music do you primarily listen to when working out?

#	Answer		Response	%
1	Rap		78	26%
2	Hip-Hop		119	40%
3	Rock		141	48%
4	80's		77	26%
5	90's		85	29%
6	Early 21st Century		30	10%
7	Country		72	24%
8	Dance		68	23%
9	Pop		147	50%
10	Electronica/Dubstep		54	18%
11	Top 100		93	31%
12	Other (Please specify)		44	15%

Other (Please specify)
Christian Rap (Trip Lee)
Christian (4 responses)
Punk
urban folk
metal
Oldies
Christian Rap
metal
Alternative (2 responses)
Grunge/punk
Classical and easy listening
MORE VARIETY!
Contemporary Christian (2 responses)
Netflix
International
Singer-Songwriter
Enya
dubstep
Jazz (2 responses)
oldies 60-70's
Podcasts
oldies mowtown
usaly do not
Classic Rock
Gospel
Hard core rock
Indie Rock/Alternative
alternative
70s
alternative/punk
Religious
Nothing, I swim
Older soul, Blues Jazz
metal
don't listen when not at rec center

19. Do you feel that the announcements that are played on Rec Radio are informative?

#	Answer		Response	%
1	Yes		176	58%
2	No		31	10%
3	I do not ever listen to Rec Radio		94	31%
	Total		301	100%

20. If your answer was no to the above question regarding the announcements played on Rec Radio, what type of announcements would you like to hear?

Text Response

The radio announcers are too generic, and I typically hear the same stuff every night. "Wow, that was such a great song here on Marshall Rec Center Radio" always gets on my nerves. I don't want a cookie cutter commercial. Either tell me something informative or play music.

More local news.

None (3 responses)

It's difficult on the walking track to understand what is said over the loud speaker

Not sure.

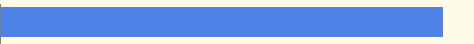

I don't have a preference. I honestly have just never heard any type of announcement while at the rec.

Weather, deadlines for campus activities, etc.

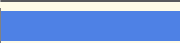

They are just dumb announcements that do not give any insight really.

About campus activities

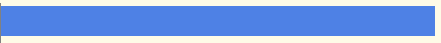

21. Are you aware that personal training services are available at the Rec?

#	Answer		Response	%
1	Yes		271	93%
2	No		21	7%
	Total		292	100%


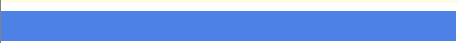
22. Are you aware that MU Orthopaedics has a free clinic that is set up in the Rec Center?

#	Answer		Response	%
1	Yes		110	38%
2	No		183	62%
	Total		293	100%

23. Would you take advantage of this free service if you had an injury?

#	Answer		Response	%
1	Yes		266	91%
2	No		26	9%
	Total		292	100%

24. Have you taken advantage of the MU Orthopaedic Center yet?

#	Answer		Response	%
1	Yes		14	5%
2	No		279	95%
	Total		293	100%

**25. I am aware of all of the following programs offered at the Rec
(Check all that apply).**

#	Answer		Response	%
1	Babysitting		143	50%
2	Climbing Wall Certification		197	69%
3	Fitness Assessments		142	50%
4	Student and Faculty/Staff Fitness Challenge		152	54%
5	Group Fitness Classes		237	83%
6	Instructional Classes		227	80%
7	Intramural Sports		237	83%
8	Nutrition Consultation		83	29%
9	Outdoor Clinics		92	32%
10	Outdoor Pursuits Rentals		148	52%
11	Safety Certifications (First Aid, CPR/AED)		74	26%
12	Special Events (RecFest, Pump 'N Run, Indoor Triathlon, etc.)		188	66%
13	Summer Camps for kids (Healthy Herd)		126	44%
14	Swim Classes (Adult or Child)		178	63%

26. Please indicate your level of agreement with the statement below.

#	Question	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Total Responses	Mean
1	I am satisfied with the free Group Exercise Programs offered at the Rec. (Spin, Yoga, Hardcore, Cardio Kick, Etc.)	91	78	42	8	0	219	1.85
2	I am satisfied with the instructional programs that are offered at the Rec for a fee (Zumba, Tabata Bootcamp, Body Conditioning, CUT, etc.)	83	76	46	6	1	212	1.90

Statistic	I am satisfied with the free Group Exercise Programs offered at the Rec. (Spin, Yoga, Hardcore, Cardio Kick, Etc.)	I am satisfied with the instructional programs that are offered at the Rec for a fee (Zumba, Tabata Bootcamp, Body Conditioning, CUT, etc.)
Min Value	1	1
Max Value	4	5
Mean	1.85	1.90
Variance	0.73	0.76
Standard Deviation	0.86	0.87
Total Responses	219	212

27. Do you have any suggestions for fitness classes that you would like to see offered at the Rec?

Text Response

Race Training (Half Marathon, etc.)

CROSSFIT!

different dance classes

More core classes and more spinning hours

Pilates (3 responses)

TRX

I would like to see more variety in the free Group Exercise Programs. Mainly, different forms of yoga such as power yoga or advanced yoga.

kick boxing

I want more options for Zumba. The classes are always offered when I have class or work.

Kick boxing (3 responses)

Insanity!

I would appreciate more zumba times being offered.

I am at a high level of fitness, I would like a class geared towards people of my level that teaches more than just "pick this weight up ten times now go run a lap". Something like "front squats work out these muscles groups and are good for this:_" or "Box jumps help you gain speed which is good for this:_"

P90X, belly dance, salsa dancing, aqua Zumba.

I would like for the REC to offer more yoga classes in the early morning hours for free.

Send email announcements out to students

More group fitness courses that are like the PEL courses.

More PEL style courses available as group fitness courses.

dance

Please create some more male fitness oriented free group exercises. I went to one class and was the only guy...Very awkward and now I do not want to go to another one.

Hip Hop dance class

I've been trying to get into adult swim all year but it is full. It would be nice to offer more of this class. Tough Mudder class option is great.

Prenatal Yoga, swim classes geared toward young adults, crossfit

Zumba for free or credit! Also, a dance class would be awesome.

Perhaps classes designed specifically for pregnant women.

Doing a great job. Keep up the good work!

It would be nice if the times differed a little more.

Why do I have to pay for a class on top of the fee?

P90X or insanity

I have heard a lot about a program called "Insanity", I think many people would be interested in participating in a group workout based off of this program.

Hot yoga!!!!!!!

I believe we have a good variety of classes

More core classes, more spinning classes

Maybe put a limit on how many people can participate in one class... Like a first come, first serve time of deal.

Group fitness yoga around opening on weekends

I would like there to be more yoga classes throughout the week.

I worked at a university with an extremely strong Employee Health and Well Being program and a running coach to beginners, so what I am about to share is a bit biased. We had a separate, free gym open at faculty/staff friendly times (6-8 am, 12-2 pm, and 4-6 pm), and all of the instructional classes offered by the program were free. (This was a different facility and program than the normal Rec Center). I wish there were more free programs so that the typical faculty and staff member who is not making a ton of money could participate. For example, there could be a free, lunchtime toning class offered a few times a week.

dancing classes : ballroom

How about some MMA classes? or boxing? I am interested in doing that.

a Latin Dance Class for intermediate students. I'm a beginner but it is a fun class anyway.

Training/education for experienced lifters/bodybuilders - for example, courses which teach new exercises, discuss the effectiveness of specific exercises, workout/day splits, nutrition, etc.

Tai Chi

More class offerings at 5pm or 5:30 for those leaving work at those times. Its difficult to get off at 4:30 or 5:00 and class not begin until 7pm. I would prefer to attend directly after work than going home and returning. Therefore I only participate in the Women's Workout at 5:30.

It would be nice to have an old woman's class-- it's hard to be in a class with young, thin, college girls. LOL

Weight lifting classes geared specifically for women. I feel like it is a little overwhelming for a woman to go down to the heavy weights with all of the guys and a class that introduces women to these machines would be great. I would take it!

I wish that you would open the spin room for just open spin time in the mornings when there is not a class so that the bikes could be utilize later if you cannot make the early class or on different days that the classes are not offered. I would think you could staff it much like the other fitness areas with walk in and out supervision. I like the spin and strength training class combination but also like the 30 minute spin

If anything some type of matararts thing may be good. However in most cases I have heard of a few club based ones. So I am not sure this type of thing is necessary since there are clubs for it already.

I have friends that I have tried to get to sign up for membership, but the limited hours of child care is one of the reasons that stops them.

I would like Zumba to be offered as one of the free group classes.

a running group
Insanity
LOVE the boxing with Chris
Zumba should be a free service for members.
Time of offerings is not conducive to my schedule. I wish they have more spin class offerings over the lunch.
Pilates, boxing
Not so much a suggestion...Your selection looks good it's just that the times don't work for me personally.
I would like a larger variety of times - especially in the evenings because I work 8-4. I would like an water aerobics class for group fitness and a TRX class.
Baseball, Crossfit, and rugby
Offer more free programs-they seem to be full sometimes.
More free yoga offered during lunch hour or at 4:30 when we get off work!!
Aqua aerobics in the evenings
I'm not sure you would get enough people, but I'm pregnant and would appreciate a class for pregnant women, especially yoga. I wouldn't want you to offer it and not get enough people though, so I can understand why you haven't.

28. How do you feel about the amount of assistance you receive from Rec Staff while using the fitness equipment? (Weights, machines, treadmills, etc.)

#	Answer	Response	%
1	I receive help when I need it.	127	43%
2	I sometimes receive help when I need it.	37	13%
3	I never receive help when I need it	22	8%
4	Not applicable, I do not need any help.	106	36%
	Total	292	100%

29. Please indicate your level of agreement with the statements below

#	Question	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Total Responses	Mean
1	The machines and equipment are working functionally and are well maintained.	131	136	15	1	1	284	1.61

30. Please provide us with any feedback you may have about our fitness programs or equipment.

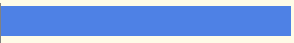

Text Response

All feedback was sent to the staff of the Marshall Recreation Center immediately after Assessment Day.

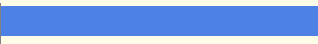


31. If you participated in Intramural Sports, what levels of play did you participate in? (Check all that apply)

#	Answer	Response	%
1	Open	34	12%
2	Co-ed	28	10%
3	Fraternity	10	4%
4	Female	12	4%
5	I did not participate in Intramural Sports	224	80%

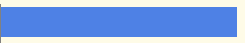

32. If you participated in Intramural Sports, were you satisfied with the days and times of the programs?

#	Answer		Response	%
1	Yes		70	61%
2	No		45	39%
	Total		115	100%

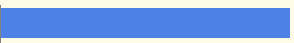

33. If you participated in Intramural Sports, how many different sports did you participate in? (Fall through Spring)

#	Answer		Response	%
1	1		54	67%
2	2-3		24	30%
3	4-5		3	4%
4	6 or more		0	0%
	Total		81	100%

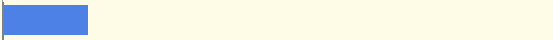

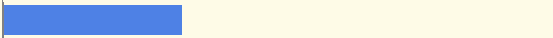

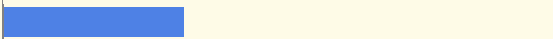

34. I am aware of upcoming Intramural Sports events.

#	Answer		Response	%
1	Yes		125	50%
2	No		127	50%
	Total		252	100%

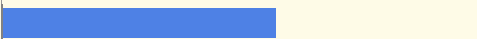

35. I often see announcements/flyers for Intramural Sports events.

#	Answer		Response	%
1	Yes		161	61%
2	No		104	39%
	Total		265	100%

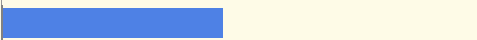

36. I get my information about Intramural Sports through (Check all that apply)

#	Answer		Response	%
1	Athleague		36	18%
2	Rec Center posters/ads		112	55%
3	E-mail		76	37%
4	On campus boards/TV's		44	22%
5	Word of mouth		77	38%
6	Social media		30	15%

37. I am aware of the trip opportunities offered by the Outdoor Pursuits Program.

#	Answer		Response	%
1	Yes		162	57%
2	No		121	43%
	Total		283	100%

38. Are you aware that there are over 30 items in Outdoor Pursuits that are available to be rented for members and non-members? (Kayak, canoe, sleeping bag, tents, etc.)

#	Answer		Response	%
1	Yes		132	46%
2	No		154	54%
	Total		286	100%

39. Have you ever rented any items from the Outdoor Pursuits Center?

#	Answer		Response	%
1	Yes		28	10%
2	No		260	90%
	Total		288	100%

40. What kind of trips and programs would you like to see offered by the Outdoor Pursuits Center? (Check all that apply)

#	Answer		Response	%
1	Backpacking		91	39%
2	Camping		103	44%
3	Canoeing		90	38%
4	Caving		88	37%
5	Climbing		73	31%
6	Destination Visits (Spring Break Trip)		118	50%
7	Hiking		118	50%
8	Kayaking		98	42%
9	Skiing		84	36%
10	White Water Rafting		124	53%
11	Other		5	2%

Other

biking

Sky Diving

family friendly

World Cup soccer

mountain biking

41. Please indicate your level of satisfaction with the statements below.

#	Question	Very Satisfied	Somewhat Satisfied	Somewhat Dissatisfied	Dissatisfied	Total Responses	Mean
1	The level of knowledge and assistance you receive from the Rec Center's Outdoor Pursuit's Staff.	83	47	6	1	137	1.45
2	The Outdoor Pursuit's Climbing Wall.	88	44	2	0	134	1.36
3	The Rec Center Aquatic Center	93	61	11	5	170	1.58

Statistic	The level of knowledge and assistance you receive from the Rec Center's Outdoor Pursuit's Staff.	The Outdoor Pursuit's Climbing Wall.	The Rec Center Aquatic Center
Min Value	1	1	1
Max Value	4	3	4
Mean	1.45	1.36	1.58
Variance	0.38	0.26	0.55
Standard Deviation	0.62	0.51	0.74
Total Responses	137	134	170

42. I am aware that the Rec Center has items for sale in the Rec Store.

#	Answer	Response	%
1	Yes	266	92%
2	No	24	8%
	Total	290	100%

**43. What items would you be likely to purchase from the Rec Store?
(Check all that apply)**

#	Answer	Response	%
1	Bathing Suit	23	9%
2	Drinks (Protein Shakes, Gatorade, Water)	176	70%
3	Food Options (pre-packaged sandwiches, candy, snacks, grab & go)	101	40%
4	Goggles	49	19%
5	Headphones/Earbuds	85	34%
6	Hygiene Products	48	19%
7	Marshall Apparel	140	55%
8	Protein Bars/Supplements	89	35%
9	Rec Center Apparel	93	37%
10	Rock Climbing Gear	33	13%
11	Water Bottle	131	52%
12	Weight Lifting Gloves	41	16%
13	Other	7	3%

Other
microwavable food
keychain
None -- too expensive
Sport bra
raquetballs/racket
Nothing unless I had to
Racket

44. Are you aware that you can purchase a Rec Center gift card that can be used towards any membership or program offered at the Rec?

#	Answer		Response	%
1	Yes		81	28%
2	No		205	72%
	Total		286	100%

45. Are you aware that you can check out equipment from the Equipment Issue desk for free with your membership?

#	Answer		Response	%
1	Yes		224	78%
2	No		65	22%
	Total		289	100%

46. If you have ever checked out items from Equipment Issue, what items have you checked out? (Check all that apply)

#	Answer		Response	%
1	Basketball		116	66%
2	Volleyball		53	30%
3	Walleyball		27	15%
4	Football		12	7%
5	Soccer Ball		14	8%
6	Frisbee		5	3%
7	Badminton Racquet		14	8%
8	Ping-Pong Paddle		9	5%
9	Tennis Racquet		14	8%
10	Racquetball Racquet		64	37%
11	Bike		18	10%

47. Are you aware that you can reserve a racquetball court for free?

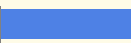

#	Answer	Response	%
1	Yes	175	62%
2	No	108	38%
	Total	283	100%

48. How do you receive information about the Rec Center? (Check all that apply)

#	Answer	Response	%
1	Email blasts	160	59%
2	Facebook	71	26%
3	Foursquare	3	1%
4	Newspapers	16	6%
5	Pamphlets and Brochures	41	15%
6	Posters	107	39%
7	Rec Center Employees	68	25%
8	Text Messages	15	6%
9	On-Campus TV Screens	65	24%
10	Twitter	23	8%
11	Website (marshallcampusrec.com)	78	29%
12	Word of Mouth	113	42%
13	Yelp	1	0%
14	Other (Please specify)	3	1%

Other (Please specify)
friends
signs
posters and flyers

49. Are you aware of the new text messaging update system that is available for you to receive instant updates to your phone from the Rec Center?

#	Answer		Response	%
1	Yes		79	28%
2	No		204	72%
	Total		283	100%

50. If you are interested in the new Text Messaging system that is offered from the Rec Center, what type of alerts and updates would you be interested in receiving on your phone?

Text Response

Updates about events and such.

New classes and events

Daily schedule of events and major upcoming events

New classes, outdoor pursuit activities,

Messages

Updates telling when events are going to be held at the rec center.

Upcoming events/trips

Reminders for classes I'm registered in (each day it is scheduled)

New programs and change of hours

Closings, hours of holidays, events coming up etc.

Classes

events or time changes for holidays/special circumstances

Not Interested

Any changes in hours or upcoming events

Not really interested in text alerts

Rec center closings or adjusted hours for summer and winter breaks.

Prize materials, events that are upcoming, change in hours

New classes.

events and schedules

Limited alerts based on changes to Rec Center hours

hours change, upcoming classes

Schedule changes. encouragement (like I have seen on fb)

Classes for that day and class locations

Holiday hours, spring break hours, summer hours

not interested

Cancellation of classes

Closings, hours of operation for holidays.

Reminders about altered rec center hours... although perhaps this already occurs - I'm new to the system.

Updated hours, hours of areas shut down (locker rooms), new classes available
event

hours, new classes, special events

51. I am aware that there is a free babysitting service that is available at the Rec Center.

#	Answer		Response	%
1	Yes		157	54%
2	No		134	46%
	Total		291	100%

52. During which time frame would you be most likely to use the babysitting service for your children? (If applicable)

#	Answer		Response	%
1	9AM-11AM		11	4%
2	11AM-4PM		7	3%
3	4PM-7PM		30	12%
4	7PM-9PM		4	2%
5	I would not ever use the service.		195	79%
	Total		247	100%







53. Please feel free to provide us with additional comments and/or suggestions. (Note: We will be happy to respond directly to your question or comment if you provide us with your email address).

Text Response



All comments were sent to the Marshall Recreation Center Staff immediately after Assessment Day.

Please note that responses to items 54 – 80 are from individuals who indicated that they did not use the Marshall Recreation Center.






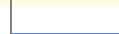


54. What is your age?

#	Answer		Response	%
1	16-17		0	0%
2	18-22		165	56%
3	23-26		41	14%
4	27-29		9	3%
5	30-39		36	12%
6	40-49		24	8%
7	50+		18	6%
	Total		293	100%

55. What is your gender?

#	Answer		Response	%
1	Male		92	32%
2	Female		200	68%
	Total		292	100%

56. What is your current standing at Marshall University?

#	Answer		Response	%
1	Freshman		44	15%
2	Sophomore		44	15%
3	Junior		36	12%
4	Senior		67	23%
5	Graduate Student		28	10%
6	Marshall Faculty/Staff		68	23%
7	Mountwest (MCTC)		1	0%
8	Other		5	2%
	Total		293	100%

Other
Medical Student (3 responses)
Marshall Alum
Employee

57. Where do you currently reside?

#	Answer	Response	%
1	On-Campus	105	36%
2	Off-Campus	188	64%
	Total	293	100%

Statistic	Value
Min Value	1
Max Value	2
Mean	1.64
Variance	0.23
Standard Deviation	0.48
Total Responses	293

58. What is the main reason that you do not use the services provided to you by Marshall Campus Recreation?

#	Answer	Response	%
1	I do not exercise.	8	4%
2	I do not feel comfortable using the facility.	14	7%
3	I do not have time.	44	24%
4	The hours do not fit my needs.	8	4%
5	I do not like the programs	3	2%
6	Other (please specify)	110	59%
	Total	187	100%

Other (please specify)

Outdoor exercise

I have an injury that makes it difficult to access what I like

I commute

Part time student- my fee does not cover the whole fee required

I go to a gym closer to home

Not willing to pay additional amount because I am supposedly not full time due to my clinicals being at Cabell Huntington.

Cost – too expensive (62 responses)

I go to the YMCA (8 responses)

don't exercise/have time to exercise

Faculty should get in free

I live in Ashland

use another gym

I am a graduate student taking classes in Charleston thus am not allowed to use the rec center.

I am not on the Huntington campus.

I do not like group activities

I have other choices

awkwardness exercising with students

have to get home to my grandchildren

time and location

I am a member of another gym that is less expensive.

I don't exercise in a gym

I have a gym membership

I do not feel comfortable working out around students I will see in class. I am a member of a gym closer to my house which is 40 minutes away. Plus I'm not in Huntington on weekends.

recent surgery

I'm in South Charleston

Needs to be faculty perk

schedule of classes

I feel the fee should be waived for faculty

I go to another facility

not a student

Haven't seen it

I am an off campus student

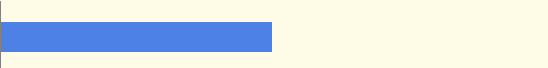

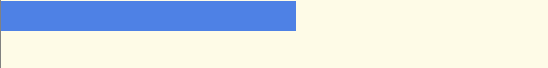



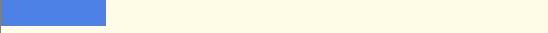

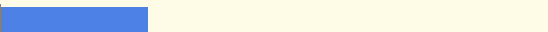

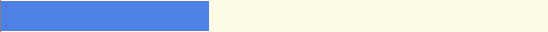

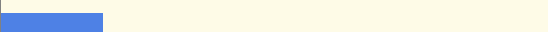
59. If you were to use the Marshall Rec Center, which time frames would you most likely use the facility? (Check all that apply)

#	Answer		Response	%
1	6AM-11AM		45	24%
2	11AM-1PM		13	7%
3	1PM-4PM		16	9%
4	4PM-6PM		82	44%
5	6PM-9PM		64	34%
6	9PM-Midnight		28	15%
7	I would never use the facility		21	11%

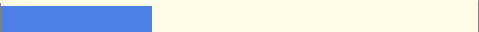

60. Are you aware that the Rec Center offers Personal Training services to members and non-members for a fee?

#	Answer		Response	%
1	Yes		128	68%
2	No		59	32%
	Total		187	100%

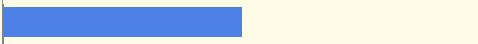

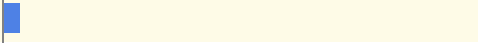

61. Are you aware of any of the following programs offered at the Rec? (Check all that apply)

#	Answer		Response	%
1	Climbing Wall Certification		90	57%
2	Fitness Assessments		77	49%
3	Student and Faculty/Staff Fitness Challenge		98	62%
4	Group Fitness Classes		99	63%
5	Instructional Classes		92	58%
6	Intramural Sports		81	51%
7	Nutrition Consultation		35	22%
8	Outdoor Pursuits Rentals		53	34%
9	Outdoor Pursuits Trips		49	31%
10	Special Events (RecFest, Pump 'N Run, Indoor Triathlon, etc.)		73	46%
11	Summer Camps for kids (Healthy Herd)		69	44%
12	Swim Classes (Adult or Child)		74	47%
13	Safety Certifications (First Aid, CPR/AED)		34	22%

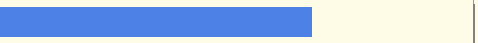

62. If you are eligible to participate in Intramural Sports, would you participate at the Rec?

#	Answer		Response	%
1	Yes		58	32%
2	No		125	68%
	Total		183	100%



**63. If yes, then which category of play would you participate in?
(Check all that apply)**

#	Answer		Response	%
1	Open		28	50%
2	Co-ed		20	36%
3	Fraternity		2	4%
4	Female		33	59%

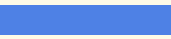

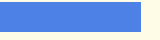







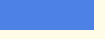

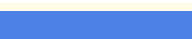



64. Would you be interested in participating in the free group fitness classes that are offered at the Rec? (Cardio Kick, Intro to Yoga, Hardcore, Spin, etc)

#	Answer		Response	%
1	Yes		120	66%
2	No		61	34%
	Total		181	100%

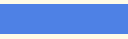

65. Would you participate in the Instructional Program classes offered at the Rec for a fee? (CUT, Tough Mudder Prep, Zumba, Core Conditioning, etc.)

#	Answer		Response	%
1	Yes		57	32%
2	No		123	68%
	Total		180	100%

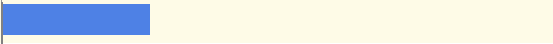
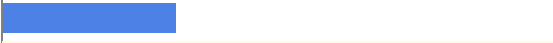

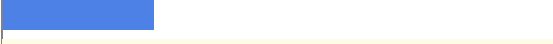





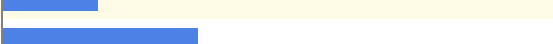
66. What types of classes would you be likely to participate in at the Rec? (Check all that apply)

#	Answer		Response	%
1	Aqua Fitness		52	37%
2	Beginner Spin		46	33%
3	Burn and Firm		42	30%
4	Cardio Circuit		40	28%
5	Cardio Kick		22	16%
6	Hardcore		10	7%
7	Intro to Yoga		69	49%
8	Spin-60		13	9%
9	Ballet Body Bar		23	16%
10	Cross Training Under Thirty Minutes (CUT)		28	20%
11	Bellydance		28	20%
12	Tough Mudder Prep		11	8%
13	Zumba		60	43%
14	TRX Training		5	4%
15	Strength and Spin		22	16%
16	Boxing Body Beatdown		22	16%



67. Are you aware of the opportunities offered by our Outdoor Pursuits Program?

#	Answer		Response	%
1	Yes		49	27%
2	No		133	73%
	Total		182	100%















68. If interested, what kinds of trips would you be likely to participate in? (Check all that apply)

#	Answer		Response	%
1	Bakcpacking		34	31%
2	Camping		40	36%
3	Canoeing		38	35%
4	Caving		35	32%
5	Climbing		25	23%
6	Destination Visits (Spring Break Trip)		38	35%
7	Hiking		55	50%
8	Kayaking		34	31%
9	Skiing		22	20%
10	White Water Rafting		45	41%



69. Have you ever used the Aquatic Center? (Lap-lanes, Leisure area, Vortex, Spa/Hot-Tub)

#	Answer		Response	%
1	Yes		21	12%
2	No		161	88%
	Total		182	100%

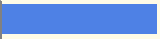





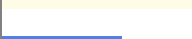



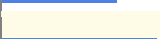
**70. What items would you be likely to purchase from the Rec Store?
(Check all that apply)**

#	Answer		Response	%
1	Bathing Suit		9	8%
2	Drinks (Protein Shakes, Gatorade, Water)		73	69%
3	Goggles		19	18%
4	Headphones/Earbuds		12	11%
5	Hygiene Products		17	16%
6	Marshall Apparel		44	42%
7	Supplements		7	7%
8	Grab-and-go sandwiches or snacks		44	42%
9	Yoga Mats		13	12%
10	Protein Bars		29	27%
11	Rec Center Apparel		23	22%
12	Rock Climbing Gear		7	7%
13	Water Bottle		40	38%
14	Weight Lifting Gloves		4	4%

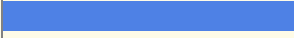
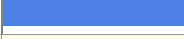
71. Are you aware that there are items available for check-out at the Pro-shop for free?

#	Answer		Response	%
1	Yes		38	21%
2	No		145	79%
	Total		183	100%

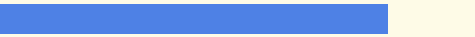








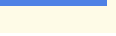

72. If you were to check out items from the Pro-shop, what items would you check out? (Check all that apply)

#	Answer		Response	%
1	Basketball		35	33%
2	Volleyball		24	22%
3	Walleyball		8	7%
4	Football		11	10%
5	Soccer Ball		11	10%
6	Frisbee		20	19%
7	Bikes		43	40%
8	Badminton Racquet		27	25%
9	Ping-Pong Paddle		33	31%
10	Tennis Racquet		26	24%
11	Racquetball Racquet		35	33%

73. Have you ever received information regarding the Rec Center?

#	Answer		Response	%
1	Yes		114	62%
2	No		71	38%
	Total		185	100%

74. If so, how did we get the information to you? (Check all that apply)

#	Answer		Response	%
1	Email blasts		90	82%
2	Facebook		9	8%
3	Foursquare		0	0%
4	Newspapers		11	10%
5	Pamphlets and Brochures		32	29%
6	Posters		19	17%
7	Rec Center Employees		12	11%
8	Text Messages		3	3%
9	On-Campus TV Screens		13	12%
10	Twitter		1	1%
11	Website (marshallcampusrec.com)		25	23%
12	Word of Mouth		26	24%
13	Yelp		0	0%

75. Did you know that we offer a free babysitting service for the convenience of our members?






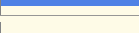
#	Answer		Response	%
1	Yes		34	19%
2	No		147	81%
	Total		181	100%

76. Please feel free to provide us with additional comments and/or suggestions. Note: If you would like a personal response to your comment or question, please provide your email address.



Text Response

All comments were sent to the staff of the Marshall University Recreation Center immediately after Assessment Day.








77. What is your age?

#	Answer		Response	%
1	16-17		0	0%
2	18-22		28	15%
3	23-26		20	11%
4	27-29		12	7%
5	30-39		32	18%
6	40-49		35	19%
7	50+		54	30%
	Total		181	100%

78. What is your gender?

#	Answer		Response	%
1	Male		55	30%
2	Female		126	70%
	Total		181	100%


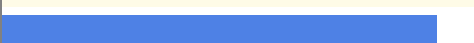
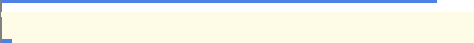
79. What is your current class standing at Marshall University?

#	Answer		Response	%
1	Freshman		3	2%
2	Sophomore		6	3%
3	Junior		8	4%
4	Senior		26	14%
5	Graduate Student		14	8%
6	Marshall Faculty/Staff		120	66%
7	Mountwest Community Technical College (MCTC)		0	0%
8	Other		4	2%
	Total		181	100%

Other

Both graduate student & staff
faculty

80. Where do you currently reside?

#	Answer		Response	%
1	On-campus		12	7%
2	Off-campus		166	91%
3	Click to write Choice 3		4	2%
	Total		182	100%